Udai Singh Cheema

MBBS · MS (Orthopaedics) · DNB (Orthopaedics) · MBA (Finance)

Orthopaedic Surgeon · Medical AI and Clinical Review

Chandigarh, India · Edinburgh, UK from early 2027
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Full right to work in the UK

8+ years running his own orthopaedic practice	**20,000+** outpatient consultations since 2018	**MS + DNB** Orthopaedics, plus Brisbane arthroplasty fellowship	**5** publications in spine and trauma journals

PROFILE

Orthopaedic surgeon with **8+ years running an independent outpatient practice** and over two years as Senior Resident at **PGIMER Chandigarh**, one of India's leading tertiary referral and teaching hospitals. Holds both **MS and DNB in Orthopaedics** and completed an **international arthroplasty fellowship in Brisbane, Australia**. Over **20,000 outpatient consultations** across the full musculoskeletal pathway: history, examination, imaging, non-operative treatment, surgical decisions and rehabilitation.

Also holds an MBA in Finance. Seeking **part-time remote work** in medical AI evaluation, clinical expert consulting and orthopaedic device review, about 30 hours a week, in UK, European or US time zones.

KEY STRENGTHS

- **Clinical judgement** across spine, hip and knee, trauma, sports injuries, paediatric and geriatric orthopaedics.
- **Imaging:** reads X-ray, CT and MRI as part of daily practice.
- **Implants and joint replacement:** hip and knee arthroplasty fellowship at two Brisbane hospitals; assisted in joint replacement and spine surgery at PGIMER.
- **Published:** five letters and reviews in European Spine Journal, Injury and the Journal of Postgraduate Medicine, Education and Research.
- **Clear communication:** explains complex medical and financial topics in plain language to patients and clients.

CLINICAL EXPERIENCE

Orthopaedic Surgeon and Clinic Owner · Primeortho Clinic, Chandigarh, India — **May 2018 – present**

- Runs an independent outpatient orthopaedic practice: over 20,000 consultations since 2018, about 10 patients a day.
- Treats back and neck pain, hip and knee arthritis, rheumatological conditions, fractures, sports injuries, and paediatric and geriatric conditions.
- In-clinic procedures: joint injections, PRP, plaster casting and closed fracture reduction.
- Takes patients from first assessment and imaging through treatment, referral for surgery, follow-up and rehabilitation.

Senior Resident, Department of Orthopaedics · PGIMER, Chandigarh, India — **Jan 2016 – Apr 2018**

- High-volume tertiary referral and teaching hospital.
- Primary surgeon for trauma operations; assisted professors in joint replacement and spine surgery.

International Fellow, Arthroplasty · Indian Arthroplasty Association, Brisbane, Australia — **2017**

- Hip and knee arthroplasty under Dr Ross Crawford at The Prince Charles Hospital (public) and St Vincent's Private Hospital Northside (private).

Resident, MS Orthopaedics · Maharishi Markandeshwar University, India — **2012 – 2015**

- Three-year orthopaedic surgical residency; primary surgeon for trauma operations.

Early career · Chandigarh and Mohali, India — **2010 – 2012**

- House Surgeon, Government Multi Specialty Hospital, Sector 16, Chandigarh.
- Medical Officer, Government Dispensary, Dhanas, Chandigarh.
- Emergency Medical Officer, Ivy Hospital, Mohali.

OTHER EXPERIENCE

Investment Advisor (part-time) · Competent Finman, Chandigarh (stockbroking firm, est. 2000) — **Jul 2022 – present**

- Advises clients on equity portfolios and allocation, and explains financial concepts in plain language.

EDUCATION AND QUALIFICATIONS

MBA, Financial Management	Narsee Monjee Institute of Management Studies (NMIMS), India	**2024**
International Fellowship, Arthroplasty	Indian Arthroplasty Association; The Prince Charles Hospital and St Vincent's Private Hospital Northside, Brisbane	**2017**
DNB (Orthopaedics)	National Board of Examinations in Medical Sciences, India	**2017**
MS (Orthopaedics), 3-year residency	Maharishi Markandeshwar University, India	**2015**
MBBS, 5 years	Tianjin Medical University, China	**2010**

REGISTRATION AND MEMBERSHIPS

- Registered with the Punjab Medical Council and the National Medical Commission of India (formerly the Medical Council of India).
- Member of the Indian Orthopaedic Association (IOA) and the Indian Arthroplasty Association (IAA).

PUBLICATIONS

- Kumar V, Kumar P, Bacchal V, Aggarwal S, **Cheema U**. Letter to the Editor concerning “Clinical and radiological factors related to the presence of motor deficit in lumbar disc prolapse”. *European Spine Journal*, 2018. doi:10.1007/s00586-018-5467-6
- Kumar V, **Cheema U**, Kumar P. Letter to the Editor concerning “Can standard anterior Smith-Robinson approach be extended to upper thoracic vertebrae (T2 and T3)?”. *European Spine Journal*.
- Dhillon MS, **Cheema US**, Patel S. Letter to the Editor on “The outcome of unstable proximal femoral fracture treated with reverse LISS plates”. *Injury*, 2017.
- Dhillon MS, **Cheema US**, Patel S. Correspondence on treatment of pertrochanteric fractures with a proximal femur locking compression plate. *Injury*.
- Dhillon MS, **Cheema U**, Rajan DV, Chouhan DK. Evolution and current status of arthroscopic surgery in India. *Journal of Postgraduate Medicine, Education and Research*.
- Posters and attendance at national orthopaedic conferences.

ADDITIONAL SKILLS

- **Finance:** MBA (Finance); active investor in Indian equity markets since 2011.
- **AI tools:** regular user of AI assistants, including Claude and Gemini.
- **Languages:** English, Hindi, Punjabi.
- **Availability:** about 30 hours a week, flexible, fully remote.

REFERENCES

Dr Mandeep Singh Dhillon, former Head of the Department of Orthopaedics, PGIMER Chandigarh. Letter of recommendation available on request.